



Risk Assessment: Nightline

Event/Activity (brief description): Northern Heights Site Nightline					Date: 01/04/2025	
Benefits and purpose of the Event						
<p>Girls Participate in a new activity, overcoming potential fears and working as a team.</p> <p>Adults Enable participants to experience a new activity, overcoming potential fears and working as a team.</p>						
Hazards <i>What could cause harm or damage?</i>	Who or what is at risk of being affected and how?	What are you already doing? <i>How have you reduced the risk already?</i>	Likelihood of Risk Occurring (L / M / H)	Severity of Risk (L / M / H)	Are further controls necessary? <i>What else needs to happen to reduce the risk to an acceptable level?</i>	Action by: name & date
Apparatus – wear and tear of course and obstacles	Participants	All equipment to be checked regularly	L	L		Warden
Apparatus – irritation from dirty blindfolds	Participants	Blindfolds will be subject to regular cleaning	L	L	-	Warden

Apparatus – slipping on apparatus during wet weather causing injury	Participants	Limit access to slippery sections if it is too slippery to continue safely	L	L	Leaders to check before sessions	Warden / Group Leaders
Environmental infections – crawling through mud and puddles exposing participants to waterborne or faecal infections	Participants	<p>Check for signs of animal activity. If poo is visible avoid the area.</p> <p>Ensure all open cuts are covered prior to activity.</p> <p>If muddy remind participants not to put mud on face.</p> <p>All participants to wash hands after the session ends.</p>	L	M	i	Group leaders
Collission with other participants causing injury	Participants	Ensure participants are well spaced. Leader position to control flow of participants to allow separation.	M	L		Group Leaders
Collission with others or objects on the course causing injury	Participants	One team per object to prevent collision with others.	M	M		Group Leaders

Contact with thorny or stingy vegetation	Participants	Summer growth should be cut back to not interfere with the course	M	L		Warden
Slips, trips, falls	Participants	Shoe laces to be tied up. Appropriate footwear to be worn. Clear briefing on activity instructions. No running in compound and max numbers to be observed.	M	L		Warden / Group Leaders
Entanglement	Participants	Long hair to be tied back, no loose clothing to be worn. Clear briefing on activity instructions. Participants to move slowly through course to prevent entanglement with ropes.	L	L	I	Group leader
Risk Assessment Completed By:		Alison Nugent - Site committee member		Date completed:		01/03/2025
Risk Assessment Approved By:		Northern Heights Site Committee -17/3/25		Risk Assessment due for Review:		01/04/2026

