



## Risk Assessment: Grass Sledging

Event/Activity (brief description): Northern Heights Site Grass sledging					Date: 01/04/2026	
<b>Benefits and purpose of the Event</b>						
<p><b>Girls</b> Experience a new and adventurous activity, overcoming potential fears and encouraging team work and cooperation.</p> <p><b>Adults</b> Enable participants to experience a new and adventurous activity, overcoming potential fears and encouraging team work and cooperation.</p>						
Hazards <i>What could cause harm or damage?</i>	Who or what is at risk of being affected and how?	What are you already doing? <i>How have you reduced the risk already?</i>	Likelihood of Risk Occurring (L / M / H)	Severity of Risk (L / M / H)	Are further controls necessary? <i>What else needs to happen to reduce the risk to an acceptable level?</i>	Action by: name & date
Loose/faulty parts causing irregular use	Adults & Children	<ul style="list-style-type: none"> <li>Sledges regularly checked for wear and tear</li> <li>Check: safety handles securely attached</li> </ul>	L	L		
Holding on to underside of sledge during run risking damage to hands in moving parts	Adults & Children	<ul style="list-style-type: none"> <li>Safety handles installed on all sledges</li> <li>Leaders briefed on importance of ensuring sledge users hold on to handles for duration of run.</li> </ul>	M	M	-	

Hitting an obstacle (eg person, tree, other sledge)	Adults & Children	<ul style="list-style-type: none"> <li>• Sledging Arena kept clear of obstacles and a check carried out prior to each session.</li> <li>• Grass kept short to ensure obstacles can't be hidden in grass.</li> <li>• Users to remain in sledges until Leader instructs them it is safe to disembark and return sledge to top of run.</li> <li>• Users to return to top of run via safe side of tyre barrier to avoid impact from moving sledges traveling down slope</li> <li>• Tyre barrier installed to avoid sledges running into adjacent hedgerow.</li> <li>• Users instructed to keep hands and feet inside sledge so in the event one sledge runs into another no body parts are directly exposed to the impact.</li> </ul>	M	L		
Long grass slowing momentum and inviting user to use hands and feet outside of sledge to build momentum	Adults & Children	<ul style="list-style-type: none"> <li>• Warden to ensure grass is cut prior to arranged sessions.</li> </ul>	M	L		
Load on sledge exceeds guidelines resulting in wheels or tracks collapsing	Adults	Warden to ensure leaders are informed as to weight limit during activity briefing. Weight limit is 100kg.	L	L		

causing irregular stop.						
Slippery / muddy/icy ground causing slips	Children & Adults	<ul style="list-style-type: none"> <li>If ground is excessively muddy or waterlogged or icy (compacted snow) the activity may be cancelled.</li> <li>Leaders warned to be mindful of potential slippery conditions during activity briefing.</li> </ul>	M	L		
Dry conditions creating cracks in ground. Users may twist ankles.	Children & Adults	<ul style="list-style-type: none"> <li>If cracks have opened up warn leaders to be mindful of cracks during session.</li> </ul>	M	L		

<b>Risk Assessment Completed By:</b>	Jess Kelly - Site committee Chair	<b>Date completed:</b>	16/03/2026
<b>Risk Assessment Approved By:</b>	Northern Heights Site Committee - 23/3/26	<b>Risk Assessment due for Review:</b>	01/04/2027

